

Carrot Cake Energy Bites

Servings: 24

Ingredients

- 2 ¼ cups rolled oats
- 2 cups finely shredded carrots
- 2 tsp ground cinnamon
- 1 cup finely chopped dates
- 2/3 cup shelled pumpkin seeds
- ½ cup raisins
- 2/3 cup coconut flakes
- water

Directions:

- Stir together the oats, carrots, cinnamon, dates, pumpkin seeds, raisins and coconut flakes in a large bowl
- Add water, one TBSP at a time, as needed for shaping consistency
- Form the dough into 24 heaping tablespoon-sized balls
- Refrigerate at least 1 hour before eating

