

Crunchy Lentil & Pepita Snack

Ingredients:

- 1 cup cooked black or green lentils
- ½ cup pepitas (shelled pumpkin seeds)
- 2 TBSP olive oil
- ½ tsp paprika
- ¼ tsp garlic powder
- ¼ tsp sea salt



Directions:

- Preheat the oven to 375 degrees F
- Put the lentils and pepitas on a baking sheet. Add the olive oil, paprika, garlic powder and salt, and toss to coat. Spread them out evenly on the baking sheet
- Roast for 10 minutes, give them a shake and stir, and roast for another ten minutes, until everything is crunchy and crispy.
- Enjoy warm out of the oven or keep in an airtight container for up to 2 weeks

